



THE CITY OF SAN DIEGO

PUBLIC LIBRARY

FOR IMMEDIATE RELEASE

Wednesday, February 9, 2005

CONTACT: Hilde Gross

(619) 379-7646

Or

Douglas Spence

(858) 581-9934

Parenting Workshop at Pacific Beach/Taylor Branch Library

Parents Can Avoid Everyday Power Struggles with Their Children

SAN DIEGO – Through a special workshop, parents can learn how to resolve conflicts without power struggles, utilizing positive motivational messages to assist children in becoming more self-confident, responsible and cooperative.

The workshop will be held Saturday, March 19, from 10 a.m. to noon at the Pacific Beach/Taylor Branch Library at 4275 Cass St. The workshop is aimed for parents with children from toddler-aged to teenagers. For further information, call (619) 379-7646 or (858) 581-9934.

The seminar is taught by family coach Hilde Gross, certified by the International Network for Children and Families. For more information about Gross, visit her Web site at

<http://www.hildercb.com/> .

###

The City of San Diego Public Library – Your Link to the Past and Gateway to the Future

<http://www.sandiego.gov/public-library/>